

NEWSLETTER

(APRIL'25-JUNE'25)

Summer song in cool clime



The summer break provided a wonderful opportunity for 180 children from 7 of our Children's Homes to embark on a memorable 5-day trip to Saatal. Three groups of 60 children each accompanied by SBT staff stayed amidst the serene beauty of nature in the lower Himalayas. The mornings were filled with outdoor activities like trekking, sightseeing, and leisurely walks. Dance performances, theatre acts, and art contests were the highlights in the evenings.

The journey allowed them to revel in every moment. Upon returning, the children eagerly shared their experiences and perceptions through art, a medium that allowed them to convey their feelings, memories, and newfound inspirations.

Celebrating Our Young Stars



Salaam Baalak Trust organized a joyous celebration to honour the children who participated in this year's annual play. A scrumptious dinner and a meaningful experience-sharing activity, reflecting on their journey—from rehearsals to the final performance celebrated their hard work, creativity, and confidence, leaving everyone inspired and proud.

Stretching to our heights- International Yoga Day



Yoga is a journey of self discovery through breath movement and mindfulness. On International Yoga day Bal Vikas Kendra, Model Town, celebrated International Yoga Day with a special session led by Miss Renu from *Yoga Prana Vidya*, who shared the significance of various yoga asanas with the children.

Our MLA of model town arewa Shri Ashok Goel and Counsellor Shri Sushil Jonty visited the centre, appreciated the children's enthusiasm and the centre's upkeep, and spoke about Prime Minister Narendra Modi's proposal at the UN, which led to June 21 being declared as International Yoga Day.

Keeping our world Green - World Environment Day



On the occasion of World Environment Day, a poster-making activity was organized at ODRS OS Kamla Nagar, where children creatively expressed their ideas on environmental conservation through art. The SDM of our area, Mr. O.P. Pandey and Mr. Rajesh from Canara Bank, joined the children in a tree plantation drive. They shared inspiring messages about the importance of staying connected to nature and emphasized the role of both education and environmental responsibility. Special encouragement was given to the 12th-grade students to remain focused and continue striving for success.

In addition, DMRC Children's Home has taken a meaningful step toward sustainability by initiating composting practices and starting a kitchen garden. This initiative not only promotes eco-friendly living but also encourages children to understand and participate in environmental care through hands-on learning.

Standing up for the right fight -Karate



Salaam Baalak Trust shines at the 3rd Golden Bharat Karate Cup 2025

Total Participants: 12

Medals Won: 🏆 3 Gold | 🏆 4 Silver | 🏆 3 Bronze

Winners:

DMRC Home: Arif (🏆), Sohil (🏆), Gaurav (🏆), Parash (🏆)

Kishalaya Kendra: Karina (🏆), Preeti (🏆), Akash (🏆)

Udaan Rose Home: Shobha (🏆), Laxmi (🏆), Nasra (🏆)

Orientation Session on Values and Ethics with AyurGyan Nyas



Salaam Baalak Trust, in collaboration with Ayur Gyan Nyas, conducted an orientation session aimed at integrating values and ethics into our daily work. The session focused on understanding emotions - how they differ for each individual and why it is important to acknowledge and respect this diversity. A total of 33 participants, including coordinators, teachers, welfare officers, and the Mental Health Professionals (MHP) team, took part in the session.

Centered around key themes such as compassion, virtue, and universal responsibility, the session was interactive and activity-based, encouraging deep reflection and active participation. Given the overwhelmingly positive response, we are excited to continue these enriching sessions as part of our ongoing efforts to foster emotional awareness and ethical engagement in our work.

Shining Stars

We are proud to share the outstanding board exam results of our children! In Class 12th, Komal from Kishalya topped with 84%, followed by Kritika (77%), Kiran (72%), and Preeti (63%)—all from Kishalya. Iccha from Udaan scored 68%, and Sakshi from Aarushi achieved 67.25%. In Class 10th, Sangeeta from Aarushi stood out with an impressive 88%, followed by Suman (66%), Gunjan (57%), and Priya (54%) from Kishalya. Geetanjali from Aarushi secured 53.2%, while Mantasha, Rekha, and Nisha from Udaan scored between 52% and 50%. Ravi from DMRC also achieved 50%. Congratulations to all our shining stars!

Donate

<https://www.salaambaalaktrust.com/donations.php>

Medical Training on Emergency Response at Kalawati Hospital



Salaam Baalak Trust conducted a medical training session at Kalawati Hospital focused on *Basic Life Support (BLS)* and *seizure disorder management*. Participants learned the correct CPR technique, how to identify different types of seizures, and immediate response strategies. The session was practical and informative, strengthening our team's ability to handle medical emergencies with confidence and care.

Giving Back - Alumni Mentorship Session with Danish and Pankaj Gupta



Our alumni make us proud - they give back many fold! Danish and Pankaj Gupta, alumni of Salaam Baalak Trust, held a mentorship session for children aged 16 and above. They shared their personal journeys and the challenges they overcame, offering inspiration and real-life

guidance. Through open discussions, they encouraged the children to reflect on their future goals and stay focused on achieving their dreams. The session was a powerful reminder of the impact of perseverance and the strength of community support.

Children Participate in Child Rights Session at Madurai



Two children from DMRC, one from Aarushi, and one from Udaan, along with two staff members, represented Salaam Baalak Trust at a Child Rights Session held in Madurai. The session served as a valuable platform for learning, sharing experiences, and deepening awareness around children's rights and advocacy.

The children actively participated in discussions on child rights and were given the opportunity to express their understanding and perspectives on the topic. The event also featured a vibrant cultural festival, providing the children with a space to showcase their talents and celebrate diversity.

Ambassador of Portugal Visits DMRC Children's Home



His Excellency João Ribeiro de Almeida, Ambassador of Portugal, Ms. Sofia Batalha, Deputy Head of Mission, and Mr. João Ribeirete, Director of the Camões - Portuguese Cultural Centre, visited *DMRC Children's Home*, where he interacted warmly with the children and staff. The visit was a moment of pride and encouragement for the children, who showcased

their talents and shared their experiences. The Ambassador appreciated the work being done at the home and expressed his support for the continued growth and well-being of the children.

Rescue



SBT Kishalaya Centre successfully rescued 18 children (8 girls and 10 boys) from the Connaught Place area through a joint effort with the District Magistrate *Sunny Kumar Singh (IAS)*, SDM *O.P. Panday*, DCPU, Connaught Place Police, and *Bal Vikas Dhara*.

Post-rescue placements:

- 9 children at *Bal Sahyog*
- 2 at *WHC Sarita Vihar*
- 7 at *Sanskar Ashram, Dilshad Garden*

Vrinda Joins The Lawrence School, Sanawar



Vrinda, a lively and confident 9-year-old, has been living at Udaan Children Home, Salaam Baalak Trust, since February 2022. After the loss of both her parents and later her grandmother, Vrinda and her two elder brothers were brought under the care of the Trust. Having never attended a formal school before, she began learning her first words in our in-house non-formal education classes. In 2022, she was enrolled in Class II at Virmani Public School, where she gradually picked up pace and excelled, scoring an impressive 89% in Class III. An enthusiastic participant in dance, yoga, and kickboxing, Vrinda is known for her energy, flexibility, and eagerness to engage in every opportunity. We are proud to share that Vrinda has now joined The Lawrence School, Sanawar, a highly acclaimed public school in Class V—marking a new and exciting chapter in her life. We wish her continued success and happiness in this inspiring journey.

Strengthening Education through Collaboration with JIMS College



We are happy to share that a new teacher has joined our Shakur Basti Community Centre, thanks to our collaboration with *JIMS College, Rohini* under the *Edumedha Project*. Despite over 15 applicants turning down the opportunity due to location challenges, the consistent efforts of the coordinator- *Samar Jahan* led to the successful onboarding of *Ms. Meena*, who joined the centre yesterday. *Ms. Kalpana* (Lead, CSR) and *Mr. Arjun* from JIMS College visited the centre during the introduction session, marking the beginning of a promising and impactful partnership.

Eye Camp



The Mobile Bus team, in collaboration with *Mr. Avinish, Priyanka Ji*, and the *Saksham Mobile Eye Clinic*, successfully organized an eye camp at *Shastri Park*.

Nearly 100 adults and children received eye check-ups and valuable guidance on maintaining good eye health. We are grateful to all partners for making this impactful health initiative possible.

Inspiring Future Leaders: UPSC Orientation Session by Trustee Ashok Sir at DMRC Children's Home



At Salaam Baalak Trust's *DMRC Children Home*, Trustee *Ashok Sir* conducted an inspiring and informative session for children from various shelter homes and contact points, focusing on preparation strategies for the *Civil Services and UPSC examinations*.

The session was attended by students currently pursuing their 10th, 12th, and higher education. With great enthusiasm, the children asked insightful questions and sought clarity

on the examination process, pathways, and challenges of a career in civil services. This engaging session helped broaden their understanding and strengthened their motivation—an important step in nurturing their academic ambitions and long-term goals.

Success Story



Sabrina joined **Salaam Baalak Trust** in 2017 and was earlier a resident of **Ujjwal Niketan**. An orphan who came from extremely difficult circumstances, she found care, stability, and support within our programs.

With determination and encouragement, she completed her schooling up to **Class 12 from St. Crispin's School**. Through the support of **CQU**, Sabrina pursued a **Hotel Management degree from IHM Ahmedabad**—a remarkable milestone reflecting her dedication to building a brighter future.

Today, Sabrina has taken her first step into the professional world as a **Management Trainee at McDonald's**. Her journey stands as a powerful example of resilience and the impact of timely support.

HURRY UP AND BOOK YOUR SLOT

Our Citywalk and Old Delhi food walk is fascinating and a new experience for all those who book it,
Don't miss your turn!

<https://www.salaambaalaktrust.com/old-delhi-walk.php>

www.salaambaalaktrust.com/book-a-heritage-walk.php

www.salaambaalaktrust.com/

www.salaambalaktrust.com/newsletters.php

www.salaambalaktrust.com/our-annual-reports.php